

## INTERNAL LEAGUES

The league season runs from September to April, with a reduced programme running during the summer months.

League matches are of 1hour 55 minutes duration and MUST start on the bell.

There are leagues for pairs, triples, fours: open and over 55's: Men's, ladies and mixed, played throughout the day and evening.

### How to form a league team

The lifeblood of any Bowls Club is the success of it's leagues and the more teams that play in these leagues the better. So we are asking members to think about forming a team and playing in a league. How do you do that? First of all you need to talk to a few friends to see how many people you want to register in your team, don't forget that you probably need one or two spares in case of holidays or illnesses. Then you can decide which league you want to play in, depending on the gender, number of players and which day you want to play. Now you can choose a name for your team and appoint one of the members to manage your team. It will be this persons job to register the team and it's members and do a rota for who will play in each match. Finally, talk to Tony Barclay who will complete your league registration. Don't be deterred by feeling that you're not good enough to compete against more experienced bowlers. We've all been there and suffered the defeats but we soon get better and start to win a few games. Please give this some serious consideration and hopefully you will be able to enter a team in one of the many leagues starting in September. For your information details of these leagues are below.

Prior to the end of a season, lists of existing teams are displayed on the notice board and captains are asked to indicate whether they wish to play in the following season.

[There is at this time the opportunity for new teams to be entered.](#)

A list is also made available whereby players wishing to play in a particular league can denote availability.

Throughout the season there is a floaters list whereby occasional players can indicate their availability.

In addition to the league programme there are sessions set aside for roll ups. Please see separate document or the notice board for details of these.